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VOLUME 1 • QUARTER 4 • 2015

Premier Issue



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Stonington's Board of Selectmen



On November 16th, Stonington's newly elected Board of Selectmen took the oath of office.

As we welcome our new Board, we would also like to thank George Crouse, Jr., outgoing Selectman, for his dedicated service to our town.

The Board of Selectmen meet at 7:00 pm on the second and fourth Wednesday's of the month at the Stonington Police Department.

From left to right:
Selectman Michael Spellman,
Selectwoman Kate Rotella and
First Selectman Rob Simmons

Welcome to Stonington!

Essex Printing and Events Magazines welcome the town of Stonington to our list of cities and towns that generate Events Magazines. The addition of Stonington brings the total number of municipalities partnering with Essex Printing to produce Events Magazines to 18. Over 1.2 million readers now enjoy receiving their local town news delivered directly to their homes and businesses.

For the past 20 years we have become a trusted source of information for our partners along the Shoreline, CT River Valley, Greater New Haven and Tolland County. Events Magazines has established itself as "Connecticut's Leading Source" for local town news including notes from the First Selectman, city departments, upcoming community and social events and important happenings that affect everyone in the community.

Each Events Magazine brings tremendous value to town residents as well as our advertisers. There is no other vehicle that reaches everyone in town and provides the local information each resident may be seeking. We encourage our readers to support our advertisers and be sure to tell them you saw their ad in Stonington Events!

We are excited and very happy to be adding Stonington to our Events Magazine family.

Sincerely,
William McMinn

Owner & Publisher, Essex Printing & Events Magazines

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18 Industrial Park Road, P.O.Box 205
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
email: print@essexprinting.com
www.essexprinting.com

PUBLISHER
William E. McMinn

DIRECTOR OF ADVERTISING/OPERATIONS
Suzanne Spires 860-391-5534
suzanne@essexprinting.com

ARTICLE COORDINATOR/ART DIRECTOR
Kathy Alsop 860-391-4372
kathy@eventsmagazines.com

FINANCE MANAGER
Donna Evarts

COVER EDITOR
AC Proctor 860-767-9087

SALES REPRESENTATIVES

VERNON • TOLLAND
Tom Fortin 860-299-4568
tom@eventsmagazines.com

ESSEX • WESTBROOK • CLINTON • MADISON
Ward Feirer 914-806-5500
wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME
Betty Martelle 860-333-7117
betty@eventsmagazines.com

MONTVILLE • NEW LONDON • STONINGTON
Chris Angeli
c 860-391-5725
cangeli@eventsmagazines.com

BRANFORD • GUILFORD • WOODBRIDGE
Nancy Lee Salk
c 203-219-3282
nancy@eventsmagazines.com

EAST HADDAM • HADDAM • CHESTER
Office 860-767-9087

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www.eventsmagazines.com

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18 TOWNS EVERY QUARTER

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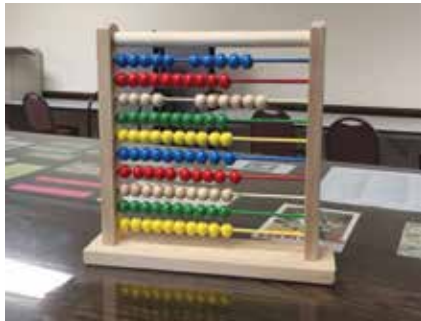
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Tax News



The tax office is charged with collecting 90% of the revenue that the Town of Stonington needs to pay for services such as education, police, human services, general government, public works, capital improvements and debt service.

Of the approximate \$56 million the tax office is charged to collect from July 1, 2015 to June 30, 2016 (working from the Grand List of 2014), the tax office has so far collected \$34 million with 8 months left to collect the remaining \$22 million. How will we collect \$22 million in 8 months when our biggest collection period is in July? Don't forget, the 2nd installment

of Real Estate taxes come due January 1, 2016. Banks will pay escrowed taxes, and homeowners whose taxes aren't escrowed will pay their second installments themselves.

Also, another source of revenue during the January collection period is the Supplemental Motor Vehicle tax bills. Anyone who has a newly registered vehicle after October 1, 2014 will receive a Supplemental MV bill. These bills are due in one installment on January 1, 2016 and are delinquent after February 1, 2016.

The important thing to remember when paying any tax bills is to bring the bill into the tax office or mail in part of the bill with your check. That way, we will always be clear about what you're paying. Or pay online and choose what bills you want to pay.

In the tax office, we strive to offer every taxpayer the best customer service we can possibly provide. I have two excellent assistants - Cindy Curioso and Jan Lombardo -- who ensure that every taxpayer walks away with a smile on their faces - no easy task for a tax office. The candy on our counter helps too!

Linda Camelio, Tax Collector

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TRUST - CARING - COMMITMENT - EXCELLENCE

The mission of the Department of Human Services is to enhance the quality of life for Stonington residents from all age groups and all economic backgrounds by advocating for their basic needs and promoting self-sufficiency.

The Department is one of five administrative departments established by Town Charter. Four Human Services divisions exist as a means of providing aid to residents that is both relevant to their needs and beneficial in purpose - Senior Services; Social Services; Youth & Family Services; Recreation. The divisions are interdependent in order to effectively utilize departmental resources to provide program excellence and offer advocacy, information and referral.

Human Services Team

Human Services Manager/
Youth & Family Services Administrator
Leanne Theodore

Social Services Administrator/
Municipal Agent for the Elderly
Carol Umphlett

Recreation Administrator
Richard Ward

Administrative Assistant
Michelle Larese-Casanova

Receptionist
Amanda Johnson

Program Coordinators
Kristen King
Lynda MacKenzie

Preschool
Jenni Llaguno
Leslie Weber

Counselors
Molly Kunka
Miranda Krause-Cahill

Thank You

Thank you to our donors and to those who continuously provide support to our many programs! Dunkin' Donuts - Pawcatuck; First United Methodist Church of Mystic; Mel's Downtown Creamery; Mystic Congregational Church; Mystic Woman's Club; Mystic Lions Club; Ocean Community Chamber of Commerce; Pawcatuck Fire Department; Pawcatuck Lions Club; Rotary of the Stoningtons; Savings Institute Bank & Trust; Seasonal Outfitters; Stonington Borough Fire Department; Stonington Pizza Palace; Stonington Police Department; Stonington Veterinary Hospital; Twisted Vine; United Church of Stonington.

Like us on Facebook!

Follow the 'Stonington Human Services' page and stay in the loop with current program events and happenings.

Volunteers

The Human Services Team is very grateful for our volunteers who share their time and talents with us. Some join us monthly, while others share their time weekly. Volunteers are especially needed for reception, clerical support and gardening. All ages are welcome!



Program Registration

All classes register at Stonington Human Services, Monday - Friday between 9 am-4:30 pm, by mail, or outdoor drop box after normal business hours. Completed registration form and payment are required at the time of program registration. Download registration forms for all programming at www.stonington-ct.gov (located under Human Services Department). If a program does not meet minimum enrollment one week prior to the start date, it will be cancelled. Register early to avoid disappointment, due to a full or cancelled program.

Day Trips

Trips are open to both Stonington residents AND non-residents.

New York, New York

Come experience the Big Apple during its most beautiful season! Trip Includes: Round trip transportation on a full sized motor coach. Drop off at Rockefeller Center. Pick up at St. Pat's Cathedral.

Age: All ages
Day/Date: Friday, December 11
Time: Depart Human Services at 7:00 am
Leave New York at 5:30 pm
Fee: \$40/Resident and Non-Resident

Boston Celtics vs. Miami Heat

There is no experience quite like a live NBA basketball game! Come watch the 17-time World Champion Boston Celtics take on Dwyane Wade, Chris Bosh and the rest of the Miami Heat in a key Eastern Conference game. Fees include round-trip motor coach transportation and tickets to the game.

Age: All ages
Day/Date: Saturday, February 27
Time: Depart Human Services at 12:00 pm
Leave Boston after the 3:00 pm game
Fee: \$75/Resident \$85/Non-Resident

12th Annual Holiday Party for Stonington Children

Sponsored by Stonington Human Services and the Stonington Police Department. Enjoy a pizza luncheon, hot chocolate, popcorn and other goodies. Visit with Santa (and be sure to leave a letter so that he can write back)! Storytelling, caroling, face painting, balloon art and much more!

Age: All ages
Day/Date: Saturday, December 12
Time: 12:00-2:00 pm
Location: Stonington High School Commons
Fee: \$5/Family - Includes all activities and pizza luncheon

** Save the Date **

Registration for Summer Playground Camp & Afternoon Enrichment starts February 1, 2016.

Stonington Recreation

Stonington REC serves as an advocate for meeting the recreational needs of all the residents within the Town of Stonington. The division provides youth and adults an abundance of seasonal and year-round recreational opportunities to participate in camps, clinics, leagues, open runs, day trips, family movie nights and fitness programs.

Spellman Recreational Park

Our recreation complex consists of four athletic playing fields, a large playground area, outdoor exercise equipment area, two outdoor basketball courts, six tennis courts and two pavilions. Add Stonington High School's Palmer Field (turf) and their baseball field, and we have one of the finest recreational facilities in the area. Any organized, non-scholastic, sport using the fields for games or practices at the Park or both middle schools, must be registered with the Recreation Division. Please contact Richard Ward at rward@stonington-ct.gov for additional information.

Playgrounds in our Community

The Recreation Division oversees and maintains three playgrounds in our community. Please abide by all posted rules and regulations. Please note, all of our park and recreation areas are tobacco, drug and alcohol-free zones.

Spellman Playground - Spellman Drive in Pawcatuck

Borough Playground - Off of High Street in Stonington Borough

Haley's Way Playground - Haley's Way in Old Mystic

Rec Program Suggestions Wanted!

There may be an activity or program that you enjoy which is not presently offered by the Recreation Division. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Recreation Division encourages Stonington residents to express their particular ideas and concerns. Please help us to offer to you the programs and services which you desire. Send ideas and comments to: Stonington Human Services, 166 South Broad Street, Pawcatuck, CT 06379, or via email: rward@stonington-ct.gov.

Experience The Ridge - After School

Ski Trips

Four weekly trips to Powder Ridge Mountain Park & Resort for students in grades 5-12. Depart directly after school and enjoy skiing, snowboarding or tubing with friends. Return back to Stonington with a pick up at the Human Services parking lot at 9:30 pm. Pick up at MMS and PMS - SHS students must meet the bus at MMS for departure. Chaperones will be needed and include a free lift ticket if interested. Contact Richard Ward for details or registration forms: rward@stonington-ct.gov. Refunds or make up dates due to sickness or injury are given only for ski packages in conjunction with Powder Ridge policy. Additional waiver forms from Powder Ridge are required. Individual trip dates for tubing only will be available, if space allows.

Location: Pick up at PMS, MMS - return Stonington

Human Services
Ages: Middle School and High School (PMS, MMS, SHS students only)
Day/Dates: Fridays, January 8, 15, 22, 29
Time: 2:40-9:30 pm
Fees: (include all 4 dates)
\$125 - Bus only (for those who have season passes)
\$200 - Bus & Lift ticket
\$272 - Bus, Lift & Rental
\$325 - Bus, Lift, Rental & Lesson each date
\$40 - Bus, Tubing! Individual dates (only if room is available)

Babysitting Certification Course

Uses video, activities, games and tools to help young people become better babysitters. At the end, you'll take a final exam to demonstrate what you've learned. After you complete the course, you'll get a certificate to print and hang on your wall and, most importantly, your new knowledge and skills will make you a more confident babysitter - which is sure to be good for your business!

Two Classes, Day / Date / Time:

1. Wednesday, Jan 20 & 27, 3:00-6:00 pm.

Bring snack.

2. Friday, March 11, 9 am-3 pm (SPS Staff Development Day) Bring a bagged lunch.

Location: Stonington Human Services - Community Room

Fee: \$75/Resident; \$95/Non-Resident

Facilitator: Kristen King

Winter Indoor Lacrosse Clinic

Held in conjunction with the Stonington Seals. Lacrosse conditioning, Skills and Drills. Progression based structure to increase the skill level of drills for each session. Position-specific training. Focus on teaching the proper mechanics and fundamentals of the game of Lacrosse. Mastering stick skills. Shooting/ Dodging/ Defensive Footwork/ Goalie Training/ Face-Offs. Speed and conditioning training to prepare for the Spring season. Equipment needed - Boys: Helmet, mouth guard, shoulder pads, elbow pads, gloves & stick. Girls: Goggles, mouth guard, and stick. A special guest appearance from professional players on the New England Black Wolves will be scheduled during the clinic (date TBD). Don't miss out on this wonderful opportunity.

Day/Date: Saturdays, January 9-February 6

Location: Stonington High School

Fee: \$10/Resident; \$20/Non-Resident

Age: **Time:**

Girls U9 & U11 3:30-4:30 pm

Girls U13 & U15 2:30-3:30 pm

Boys U9 & U11 2:30-3:30 pm

Boys U13 & U15 3:30-4:30 pm

High School Basketball League

As of press time, space was still available for our REC High School Basketball league. Games are played on Thursday evenings from December 3-February 25 (including playoffs and championship games). Email Richard Ward for availability at rward@stonington-ct.gov.

Ages: Grades 9-12 (SHS students only)
Day/Date: December 27-February 25
Time: 7:00, 8:00 or 9:00 pm
Location: Pawcatuck Middle School
Fee: \$40

WINTER: *Futsal Clinics

Indoor soccer. Registration and details with the Stonington Human Services REC Division at (860) 535-5015. Weekly practices, and skill development. Join any of the five different age groups, all with GREAT COACHES! New this year is a Saturday time slot for round robin games for each age group. Without the use of the walls or dasher boards, like other indoor soccer programs use, FUTSAL is a great skill-developer, demanding quick reflexes, fast thinking and pinpoint passing. It is an exciting game and soccer superstars throughout history such as Pele, Zico and Socrates grew up playing the game and credit FUTSAL with developing their skills. We will have special, guest presenters throughout the session. Max of 16/age group.

Location: Mystic Middle School

Age	Day/Time	Coach
Boys-Gr 9-12	Tues, 7-8:15 pm/Sat 9-10 am	J. Cullen
Girls-Gr 9-12	Thur, 7-8:15 pm/Sat 12-1 pm	M. Costa
Boy-Gr 6-8	Wed 7-8:15PM/Sat 10-11AM	P. deCastro
Girls-Gr 6-8	Mon 7-8:15 pm/ Sat 1-2 pm	M. Costa
Boys-Gr 3-5	Fri 7-8:15 pm/Sat 11-12 pm	P. McCarney
Girls-Gr 3-5	Fri 8:15-9:30 pm/Sat 2-3 pm	S. deCastro & Costa

Session Dates All age groups start the week of Jan. 4 - Feb. 13
Fee \$45 Res; \$65 Non-Res

Adult Volleyball League

Join us again this Winter for our annual Adult Co-Ed Volleyball League. Matches are played Thursday evenings at Stonington High School. The 15 week schedule includes lead up games, 2-5 week session plus playoffs and championship matches. Registration is now and based upon a first come, first served basis. Both competitive and recreational divisions are available. Interested in joining or forming your own team? Contact Richard Ward at rward@stonington-ct.gov

- Open Gym: December 3, 10, 17
- League Play - Session I: January 7-February 4 - Session II: February 11-March 10 • Playoff/Championship March 17 & 24.

Adult Open Gym Basketball

Get in a good “run” with some open, recreational pick-up games. Join and attend at any time but will max at 20 participants. This program does not run on holidays and/or school closings due to weather.

Ages: 30+
Day/Date: Mondays, December 27-February 25
Time: 8:00-10:00 pm
Location: Pawcatuck Middle School
Fee: \$30 – Stonington Residents Only

Baby Boomers

Incorporate weights into fun cardio routines to tone and strengthen as you scorch calories. Designed specifically for individuals ages 50 and older.

Ages: 50+
Day/Date: Monday/Wednesday/Friday – Ongoing, join anytime!
Time: 9:30-10:30 am
Location: Black Bear Karate Studio
829 Stonington Road
Fee: \$15 (1 day/week); \$30 (2 days/week); \$45 (3 days/week)—Non-Res add \$15
Instructor(s): Michele Gardner; Michelle Tebbets & Yolla Elkhoury

Zumba

Ditch the workout—join the party! Combine all elements of fitness: cardio, muscle conditioning, balance and flexibility with a boost of energy and a serious dose of awesome each time you leave class. Fuse hypnotic Latin and international music with easy-to-follow dance moves to create a one-of-a-kind fitness program that will blow you away and make exercise fun again.

Ages: 18+
Day/Date: Monday/Wednesday – 5:30-6:30 pm;
Saturday – 8:00-9:00 am

Interested in a Tuesday/Thursday class – contact the COMO for their offerings.

Location: Black Bear Karate Studio
829 Stonington Road
Fee: Punch Card - \$65 for 10 classes;
\$100 for 20 classes - Drop-in \$10
Instructor: Caroline Wall

Fitness & Exercise Classes

The following fitness and exercise classes are offered through the Recreation Division. Starting the first full week of December both classes will be held at Black Bear Karate Studio at 829 Stonington Road (the old Porch & Patio building). Our “new space” provides state-of-the-art flooring and plenty of room “to get our sweat on!” The new space will also allow us to add classes to our program offering. If you have any suggestions on what type of fitness classes you would like to see, contact Richard Ward at rward@stonington-ct.gov.

STONINGTON ONE DOOR SOCCER

The collaboration between the COMO, Stonington Soccer Club and Stonington Recreation has already provided some fantastic opportunities this past Summer and Fall. More new and exciting programs are on the horizon from each organization to provide the best possible soccer experience, on a year-round basis, for kids and adults of all ages. Contact the individual organization for details on the following:

WINTER SOCCER Indoors

Stonington REC Winter Youth Futsal Clinics

Boys & Girls grades 3-12. See details on page 7.

COMO Futsal with Friends, Ages U4-U8

Indoor soccer. This type of play fosters an emphasis on creativity, imagination and technique, which helps improve upon ball control and passing. Coed Boys and girls, ages 4-8. Session runs Jan-Feb.

COMO Futsal Champions League

Boys and Girls Youth divisions include: Grades 3-4, Grades 5-6 & Grades 7-8. This exciting new futsal league will be composed of teams of 5, playing 4v4 games each Saturday beginning February 13th through March. A challenging and fun way to learn the sport and improve your skills.

SPRING SOCCER

Stonington REC Adult Co-Ed League

Adults 18+ Runs April-June. Registration and details with the Stonington Human Services REC Division - (860) 535-5015.

COMO JR Sharks Spring Instructional Soccer

Focus on developing the techniques of young soccer players U4-U8. March through May.

COMO Spring Soccer Clinic, Grades 3-8

Designed for boys and girls of all skill levels. Runs from early April through May.

COMO Spring Technical Training Program

April 15th to May 20th.

SSC Soccer Club Classic and Rec Leagues

Boys and girls, ages U10-U14. Runs April-June

SUMMER SOCCER

Stonington REC Summer Camps & Clinics

Varying weeks for boys and girls ages 4 years old to high school. Runs July-August at Spellman Park and SHS Palmer Field (turf).

COMO Summer Youth Camps & Clinics

Varying week long camps or weekly clinics for boys and girls ages 3-high school working in conjunction with the Town's offerings to provide a comprehensive summer soccer menu! Runs June - August.

COMO Adult & High School Soccer League

Starts mid to end of June through August on fields located on the large COMO playing field. Divisions include Adult Men's & Co-Ed team

FALL SOCCER

Stonington REC Adult Co-Ed League

Adults 18+ Runs late August-November.

Registration and details with the Stonington Human Services REC Division - (860) 535-5015.

COMO JR Sharks Spring Instructional Soccer

Focus on developing the techniques of young soccer players U4-U8. Late Aug through Nov.

SSC Soccer Club Classic and Rec Leagues

Boys and girls, ages U10s to U14s. Runs late August-mid November. Registration with the SSC Soccer Club www.stoningtonsoccerclub.com

Stonington REC: Stonington Human Services
860.535.5015

Stonington COMO: 28 Cutler Street, Stonington
860.535.2476

Stonington Soccer Club:
www.stoningtonsoccerclub.com

Fencing

Acquire the reflexes of a boxer, the legs of a high jumper and the concentration of a tournament chess player. Equipment for these beginner classes is provided. Participants will have access to purchase their own equipment. Instructor Jonathan Reed has been involved with fencing for over 12 years and has coached and officiated for the sport for 10 years. As Coach Reed said, "Fencing, to me, is a sport that goes beyond the standard categories, cliques, and groups that people place themselves in and allows people to meet, learn about, and befriend those whom otherwise they never would." He continues, "Fencing is a game of physical chess where your mind is as important as your body in scoring points on offense, preventing points from the opponent on defense, and becoming adept at this truly lifelong sport."

Level	Age	Day/Date	Time
Beginner	7-12	Thur, Jan 7-Feb 25	4-5 pm
Beginner	13-adult	Thur, Jan 7-Feb 25	5-6 pm
Intermediate	13-adult	Thur, Jan 7-Feb 25	6-7 pm

Fees
\$75/Res; \$85/Non-Res

Safe Boating/Personal Watercraft Class

Participants who successfully complete this course and pass the test qualify for the Certificate of Personal Watercraft Operation. A Safe Boating Certificate (SBC) will allow an individual to operate any recreational vessel registered in Connecticut except a personal watercraft ("Jet Ski" type vessel) on Connecticut's waters. A Certificate of Personal Watercraft Operation (CPWO) will allow an individual to operate any recreational vessel including a personal watercraft ("Jet Ski" type vessel). Visit <http://www.ct.gov/deep> for additional information on how to obtain your Safe Boating / Personal Watercraft Certificate. Call Human Services at 860-535-5015 with name and cell phone # to hold your spot, payment in check or cash will be due at the first class. Register early - max of 35 participants.

www.ct.gov/deep for additional information on how to obtain your Safe Boating / Personal Watercraft Certificate. Call Human Services at 860-535-5015 with name and cell phone # to hold your spot, payment in check or cash will be due at the first class. Register early - max of 35 participants.

Ages: All
Day/Date: Tuesday and Thursday – February 23-25
Time: 5:30-8:30 pm
Location: Stonington High School
Fee: \$10

Upcoming Sports Leagues

For further details, contact the Recreation Division at Stonington Human Services (860) 535-5015.

Men's Softball League

Register as a team in April - League runs May-July

Adult Coed Softball League

Register as a team in April - League runs May-July

Adult Tennis League

Register as a team in May - League runs June-August

Adult Coed Soccer League

Register as a team in March - League runs April-June

NEW! High School Flag Football League

Register as a team in March - League runs April-May

Youth & Family Services

The programs and services that are offered by Youth and Family Services are done so as a means of promoting positive youth development and supporting improved family and community relations.

Immersion (Marine Mammals of the Arctic)

In partnership with the Mystic Aquarium & Institute for Exploration, students will explore ongoing scientific expeditions to ignite their interest in discovery learning.

Ages: Grades 3-4
Day/Date: Tuesdays; Beginning January 19
Time: 3:30-4:30 pm
Location: West Broad Street School
Fee: \$30/8-Week Session
Facilitator: Kristen King

KidzLit®

This popular program encourages reading through fun activities which promote learning and creativity. Children hear engaging books, read aloud or independently and make connections to their own lives. They express their feelings and grapple with big ideas through discussion, drama, art, movement and writing.

Ages: Grades 1-2
Day/Date: Monday (Gr 1) / Wednesday (Gr 2); Beginning January 25
Time: 3:30-4:30 pm
Location: West Vine Street School, Library
Fee: \$30/8-Week Session
Facilitator: Lynda MacKenzie

Teens to Tots Preschool



Every parent wants a nurturing environment for their child's early education. Get off to a good start and enroll in our program! Open to potty-trained children ages 3-5. Quality Affordable Program / Certified Preschool Teachers / Encourages social, emotional, physical, and intellectual growth / Structured classroom setting with a well balanced schedule of activities /

continued on page 10

YOUTH & FAMILY ... continued from page 9

Weekly curriculum themes.

2015-2016 School Year

Ages: 3-5 years old

Day/Date Monday-Friday
(choose 2-5 days/week)

Time: 9:00 am-1:30 pm

Location: Stonington High School,
Room 123

Fee: 2-days \$160; 3-days \$235;
4-days \$310; 5-days \$385
(Non-Residents: add \$25/
month) \$25 registration fee
applies to all.

Heartsaver CPR AED

This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. CPR certification card included.

Day/Date: December 9

Time: 6:00-9:00 pm

Location: Human Services Community
Room

Fee: \$50

Facilitator: Assured Safety, LLC

Pediatric First Aid CPR AED

This course is for anyone with limited or no medical training who needs a course completion card in Pediatric First Aid, CPR and AED use. This course meets Connecticut Department of Public Health Requirements for Child Care Workers! Course covers critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Certification card included.

Day/Date: January 16

Time: 8:00-1:00 pm

Location: Human Services Community
Room

Fee: \$75

Facilitator: Assured Safety, LLC

Lentz & Lentz SAT Preparatory Program

Lentz & Lentz has had proven results helping thousands of students prepare for the SAT exams for over forty-two years. This SAT preparatory program includes course materials, extra help at no charge, live make-ups, a practice testing session, online downloads for

review or as a supplement for missed lessons and complimentary fall review sessions. The course features test-taking skills, vocabulary development, advanced math review, shortcut math, reading interpretation, speed reading improvement techniques, essay writing, grammar skills, and tip sheets.

We use our own copyrighted curriculum in conjunction with SAT type questions, designed to reflect the most recent changes in the format of the "NEW SAT." For more information call 1-800-866-SATS (7287) or visit our website www.lentzsatprep.com. Positive SAT results may translate into thousands of dollars saved on tuition.

Day/Date: Wednesdays – March 2-
April 27

Time: 6:30-9:30 pm

Location: Stonington High School,
Room 107

Fee: \$348

Individual & Family Counseling

Counseling services are offered to Stonington residents at no cost. Call (860) 535-5015 to schedule an intake appointment.

Support Groups

All groups are held at Stonington Human Services and are provided at no cost to Stonington residents. Call (860) 535-5105 to register.

Grandparents Raising Grandchildren

A supportive environment to discuss challenges, share resources, and network with other grandparents.

Day: First Thursday of Every Month

Time: 11:00 am-12:00 pm

Facilitator: Molly Kunka, LCSW

Stonington Networks

Has winter got you feeling down? Lonely and looking to connect with other people? Then this is the group for you!

Day: Second Thursday of

Every Month

Time: 11:00 am-12:00 pm

Facilitator: Molly Kunka, LCSW

Parents of Children with Autism

An opportunity for parents of children on the spectrum to share experiences and learn from each other.

Day: First Tuesday of
Every Month

Time: 5:30-7:00 pm

Facilitator: Dr. Lori Liguori,
School Psychologist

Healing Hearts Young Widows Group

Day: Second Thursday of
Every Month

Time: 5:00-6:00 pm

Facilitator: Antonio Okosky,
Hospice SECT

Juvenile Diversion Board

The purpose of the Juvenile Diversion Board (JDB) is to provide an alternative to Juvenile Court for juveniles who have committed minor criminal violations in Stonington, and to assist youth who have exhibited problems in the home, school, and community. The goal is to provide a plan for each individual by utilizing community programs, services, and other resources, which will effectively deal with the particular incident, assist in positive development, and encourage responsible behavior.

Family with Service Needs Review Board

Families with children who are engaging in risky behaviors such as running away from home, school truancy, and defiance of family or school rules often rely on state operated programs to help address these problems. The state of Connecticut has defined such children and parents as a Family with Service Needs (FWSN). Beginning in 2005, Connecticut began enacting a series of legislative, policy and procedural changes to address these issues. These changes were grounded in the belief that swift, community-based family services were the best approach for Families with Service Needs. The new approach to at-risk youth and families rejected the use of the justice system as the first response to FWSN cases.

Research demonstrates that these behaviors are strong predictors of continued involvement with juvenile, criminal and child welfare agencies. Therefore, intervening with appropriate services at an early stage is crucial to reducing future involvement with the justice systems. Based on a need in the community, in 2015, Stonington Human Services and the Stonington Public School District, in collaboration with the Stonington Police Department, Juvenile Court and DCF, developed a Family with Service Needs (FWSN) Review Board. The purpose of the Board is to intervene and divert at risk children from the entering the court system. The Board recommends diversions that encourage positive, pro-social development, school attendance, family engagement and participation in community-based programs.

Santa Anonymous Boot Program

In partnership with TVCCA/RSVP, Human Services is now accepting sign-ups for Stonington youth in need of a pair of new, warm winter boots. If you are in need, or if you'd like to sponsor a child, please call (860) 535-5015.



The mission of the SPC is to permanently change attitudes, laws, and policies to stop substance abuse and establish a safer community. Established in 2001 and comprised of community members representing youth, parents, police, youth-serving organizations, educators, religious organizations, and health care professionals, the SPC works to educate the residents of Stonington in taking a community-approach to support youth in making healthier decisions regarding alcohol & other drug use. Past grant-funded council activities have included breathalyzers purchased for Stonington High School; alcohol establishment compliance checks and traffic spot checks with the Stonington Police Department; video presentations and media coverage; school/community educational forums; established tobacco-free parks and recreation areas in Stonington in 2014. Though many resources exist in New London County to assist those individuals and their families that are struggling with addiction, many still report that they do not know where to turn for help. Currently, the SPC is working on developing information to disseminate to the public (grocery bag flyers, magnets, billboards, etc) promoting local resources available to assist with addiction - with a focus on opiates and heroin.

Prescription Drug Drop Box

Do you have unused, unwanted or expired medications? In partnership with the Stonington Prevention Council, the Stonington Police Department now has a permanent Prescription Drug Drop Box located in their main lobby. Accepted items: prescriptions (including patches, medications and ointments); over-the-counter medications; vitamins; samples; pet medication. The following items are not accepted: needles/sharps; ointments/lotions/liquids; aerosol cans; inhalers; hydrogen peroxide; thermometers. The box

continued on page 12

Holiday Happenings

at Denison Pequotsepos Nature Center

Holiday Evergreens
 Thurs. Dec. 3 (adults) 6:30 - 9 pm
 Sat. Dec. 5 (families) 10 am - 12:30 pm
 Create beautiful, natural holiday decorations.


Pancake Breakfast with Woodland Santa
 Sat. Dec. 12 8 - 10 am

Polar Express at DPNC
 Sat. Dec. 19 6:30 - 7:30 pm

Winter Solstice Luminaria Walk
 Sun. Dec. 20 7 - 8:30 pm


Visit www.dpnc.org for details and to register or
 call us at 860-536-1216

Remember: A Nature Center membership makes a great gift!



Denison Pequotsepos Nature Center
 109 Pequotsepos Road, Mystic, CT

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YOUTH & FAMILY ... continued from page 11

is a free service and no paperwork is required to participate! This past September, in recognition of "National Prescription Take Back Day", Stonington Human Services visited our local

senior housing facilities to educate residents on the importance of safely disposing unused/expired medications.



Since the garden's inception in 2010, over 100 Stonington residents have enjoyed harvesting their own organically-grown produce. The annual fee for a 4'x16' plot is \$25. Join our network to learn how to grow your own vegetables, cut food costs and learn about four season square foot gardening. Over this past summer, Stonington Human Services partnered with Stonington High School families to maintain and harvest the many SHS garden plots, while school was

out for the season. The project was a great success; the gardens flourished and fresh produce was provided to residents in need at no cost! Thank you to the families that took ownership of the school gardens this past summer to make this partnership possible. We would also like to thank the Stonington Community Gardeners for their generous regular produce donations to the "farmer's market," located in the lobby at Human Services.

Stonington Senior Services

Acting as an advocate for elderly residents in the Town of Stonington, the Commission on Aging (COA) is a twelve-member commission which meets monthly in order to discuss issues with regard to the elderly. The division provides local and regional access to supportive services, as well as a variety of educational workshops and socialization opportunities*.

**Please be sure to check out Youth & Family Services and Recreation program offerings as well, for fitness programs and day trips, open to residents of all ages!*

Knit & Give

Day: Monday

Date: Ongoing

Time: 10:00-11:30 am

Location: Stonington Human Services

Thank you to our dedicated knitters who, over the past three years, knitters have generously crafted over 200 hats, mittens and scarves to local children in need. Items are also regularly donated to Safe Futures of New London County and the Westerly WARM Center.

Computer Lab

Monday – Friday

9:30 am – 4:00 pm

Do not be intimidated by technology - come check out our computer lab!

Appointments are available for those in need to basic instruction. We can show

you how to get started, create an e-mail account and surf the web.

iPhoneology

Day/Date: By Appointment Only

Location: Stonington Human Services

Fee: FREE

Are you senior citizen interested in purchasing an iPhone, but concerned that you will not be able to function it? Have you bought an iPhone but just can't seem to figure it out? We've partnered with Stonington High School students to provide one on one instruction to get you up to speed! Leave your appointment feeling informed and equipped with an instructional handout to take home. Instruction is also available for assistance in navigating the internet, setting up an email account, etc. Call Stonington Human Services to set up an appointment.

AARP Driver Safety Program

Date(s): 2016-Feb 10; Apr 6; Jun 8

Time: 1:00-5:00 pm

Location: Stonington Human Services

Fee: \$15 AARP Members;

\$20 Non-Members

This program, offered by AARP, is the nation's first and largest refresher course and has been taking place for over 25 years. AARP's new format reduces classroom requirement to one day and only four hours. Seats are limited - Sign up today!

Yellow Dot Program

TRIAD is a national cooperative effort of law enforcement agencies (police/fire/sheriffs), senior citizens, and senior organizations, focused on reducing crimes against our most vulnerable citizens: our elderly population. This national TRIAD initiative affixes a yellow dot in the car's rear window to alert emergency response personnel to senior drivers' and passengers' medical information stored in the vehicle. Information is also utilized to alert emergency personnel of the senior's family members whose care may be dependent upon the senior, such as a homebound spouse. Call Human Services for an appointment to register or for information on upcoming Yellow Dot events.



On October 9, 2015, Stonington Human Services and Stonington Police Department partnered to distribute 50 Yellow Dot Packets at the StoneRidge Health Fair in Mystic, CT.

File of Life

Store vital medical information on your refrigerator!

Emergency personnel are alerted by a magnet on your refrigerator, enabling them to access your medical information, even if you are unable to communicate. File of Life packet magnets are available at Human Services – free to all residents.

IMPORTANT NOTE: Be sure to update your Yellow Dot and File of Life information as your medical needs and prescription drugs change.

Cooking Matters

This past fall Stonington Human Services partnered with Senior Resources to provide a free six week cooking course to 16 residents. Under professional instruction, participants enjoyed many hands-on, creative and fun activities which culminated with a delicious meal at the end of each session. Topics include: healthy eating; weight management; label reading; modified diet; chronic disease management; cooking for 1 or 2; limited mobility and budgeting. Watch for the spring session coming March 2016!



Friday Luncheon Series

From October to May each year, seniors are invited to join us for lunch, one Friday per month, from 12-1:30 pm at various local venues. This very popular program includes a delicious meal, followed by a brief educational presentation or entertainment. Thank you to our 2015-2016 host locations: Mystic Aquarium & Institute for Exploration; Steak Loft; Latitude 41° Restaurant; Go Fish; Bridge Restaurant; 84 Tavern on Canal; and St. Edmund's Enders Island at Mystic.

Winter blues have you feeling down?

You're not alone. Seasonal affective disorder (SAD) is a type of depression that's related to changes in seasons - SAD begins and ends at about the same times every year.

continued on page 14

Town of Stonington

STONINGTON TOWN HALL

152 Elm Street, Stonington, CT 06378

Monday - Friday / 8:30 am - 4:00 pm

STONINGTON HUMAN SERVICES

166 South Broad Street – Pawcatuck, CT 06379

Monday-Friday - 9:00 am - 4:30 pm

STONINGTON POLICE DEPARTMENT

173 South Broad Street – Pawcatuck, CT 06379

TRANSFER STATION

151 Greenhaven Road – Pawcatuck, CT 06379

Mon/Tue/Thu/Fri – 9:00 am - 3:00 pm (Closed Wed)

Sat – 8:00 am - 3:00 pm; Sun – 8:00 am - 1:00 pm

Administrative Services.....	(860) 535-5000
Animal Control Officer	(860) 599-4411
Assessor's Office.....	(860) 535-5098
Building Official.....	(860) 535-5075
Emergency Management.....	(860) 535-5050
Engineering	(860) 535-5076
Finance Department	(860) 535-5070
Highway.....	(860) 535-5055
Human Services.....	(860) 535-5015 (Recreation, Senior Services, Social Services, Youth & Family Services)
Planning Department	(860) 535-5095
Police Department.....	(860) 599-4411
Public Works.....	(860) 535-5055
Registrar of Voters.....	(860) 535-5047/5054
Sanitarian.....	(860) 535-5010
Selectmen's Office	(860) 535-5050
Solid Waste & Recycling.....	(860) 535-5099
Tax Collector.....	(860) 535-5080
Town Clerk.....	(860) 535-5060
Transfer Station.....	(860) 535-5088
Water Pollution Control Authority.....	(860) 535-5065

www.stonington-ct.gov

SENIOR SERVICES ... continued from page 13

If you're like most people with SAD, your symptoms start in the fall and continue into the winter months, sapping your energy and making you feel moody (www.mayoclinic.org). Stonington Human Services offers free counseling to all Stonington residents. Call for an intake appointment or for more information.

Hire-A-Teen

Need help with light snow shoveling or yard cleanup? The Hire-A-Teen Program matches Stonington residents with students interested in working odd jobs. In order to hire these students, you must first register as an "employer." Be sure to register now before the season's first snow fall! Please keep in mind that this program is appropriate for small jobs only. Payment is left up to the student and resident "employer" to work out.

The Stonington Housing Authority

The Stonington Housing Authority opened their waiting list on October 25th!

Applications will be accepted for Edythe K. Richmond (EKR) Homes, senior and young disabled housing, until January 22, 2016 at which time the waiting list will be closed. A lottery will be held on February 11, 2016 and a new waiting list will be established. For applications or questions, please stop by EKR Homes at 45 Sisk Drive in Pawcatuck, or call (860) 599-2600.

Medicare Insurance Counseling (CHOICES)

Are you confused about the difference between Medicare Part C (Medicare Advantage Plans) and supplemental insurance plans (Medigap Insurance)? Do you need help navigating through the various CHOICES in plans and services? Would you be interested in knowing if you are eligible to have your Part B premium (\$104.90/month) paid through the Medicare Savings Program? Did you know that you may be able to get half of your spouse's Social Security and build value in yours while you continue to work past your full retirement age?

First and foremost, be careful! Much of the mail you are receiving (if you are approaching retirement age) may look official, but may actually be advertising. Seniors have reported getting phone calls from people they do not know soliciting "Medicare" programs - be safe! Contact Stonington Human Services for the information you need regarding your Medicare programs. Human Services has an experienced CHOICES counselor on staff offering personal & confidential appointments for Stonington residents to discuss Medicare options, supplemental insurances, Medigap policies, HMOs, "special help" for Medicare Part D, Medicare Buy-in programs, state pharmaceutical programs, Social Security, and more. Home visits are also available for residents who are homebound.

Medicare Savings Program (MSP)

You may be eligible to have your Medicare Parts B and D premiums paid for you! Medicare Part B, the part of your

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(860)535-1030



the
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COFFEE & TEA ROOM

Medicare that pays your doctor's visits, out-patient testing, etc. costs \$104.90/month. Medicare Part D premiums for your prescription drugs vary depending on the plan you choose. Both are required unless the Medicare beneficiary has creditable coverage through employment, a retirement plan, VA, or other "credible" plan. The State of CT offers a program called the Medicare Savings Program (MSP) that will pay these premiums for income qualified seniors. The income limits for 2015 are \$2413.26/mo for an individual and \$3266.88 for a married couple. The program also guarantees that your prescription drugs will never be more than \$7.40 per prescription (with a generic drugs as low as \$2.95) starting in January 2016 and there is never a "donut hole" or open-enrollment period. Furthermore, the program offers seniors with monthly incomes under \$2069.91 (\$2802.08 for a married couple) supplemental insurance coverage when participating providers are utilized. So, where can you apply? Stonington Human Services has the application for this program, as well as trained staff to help. Since the program is "self-declared," the application is the only paperwork needed; the CT Department of Social Services will check all income through the appropriate state and federal agencies.

Do you have questions?

If so, please contact Stonington Human Services for more information, an application, or an appointment with a CHOICES counselor.

Senior & Disabled Transportation for Stonington Residents

The Eastern CT Transportation Consortium, Inc. (ECTC) provides Stonington seniors, age 60+ (and disabled residents, age 18+) with medical transportation. The Town currently funds the Pawcatuck Neighborhood Center to provide senior transportation. These grant funds enhance the current programs

Stonington Social Services

Social Services

Addressing poverty issues within the Town with an aim to increase self-sufficiency. Home visits are offered to homebound residents. How can we help you? In accordance with our mission, Stonington Human Services offers an abundance of supportive programs to assist in bringing your household to a place of self-sufficiency. Residents are encouraged to contact us for an appointment, at which time we will conduct a needs assessment to determine all appropriate services that may be able to assist your current situation.

Success Coaching

Sustaining self-sufficiency is at the core of maintaining one's housing, employment, and self-esteem. Programs are designed

and provide Stonington residents with Dial-A-Ride transportation. They also reimburse caregivers for medical mileage expenses for those who have access to a driver. The Dial-A-Ride grant funding provides transportation for residents to medical trips within New London County and Westerly. Transportation is available 24 hours a day, 7 days a week. Please contact Human Services for further information and to register.

Eastern CT Travel Voucher Program

This transportation service provides subsidized taxi, livery or wheelchair accessible rides for residents of eastern CT. Sponsored by the New Freedom Initiative, the program provides an affordable alternative when existing transportation services are not able to meet an individual's needs.

Enrolled participants purchase travel vouchers from ECTC. A book of 10 vouchers, normally costing \$50, cost \$25 through this subsidy program. A maximum of three books per month per enrollee can be purchased. Contact Human Services to obtain an application.

CT Home Care for Elders

This CT Department of Social Services program assists the elderly by providing the support services needed so they may remain in the community, rather than in a long-term care facility. "To be eligible, applicants must be 65 years of age or older, be a Connecticut resident, be at risk of nursing home placement and meet the program's financial eligibility criteria. To be at risk of nursing home placement means that the applicant needs assistance with critical needs such as bathing, dressing, eating, taking medications, toileting. The CHCPE helps eligible clients continue living at home instead of going to a nursing home." (Source: <http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305170>). Call Stonington Human Services for more information or if you'd like to apply for this program.

on an individual basis given family dynamics and personal and financial needs. Are you ready to take 100% responsibility for your life and move yourself from where you are to where you want to be? Call us for an appointment for information on our new and innovative program that offers goal setting, skill building, and accountability tools to help you achieve all the success you desire.

Energy Assistance

Stonington Human Services has been a local fuel bank for the last fifteen years, participating with Operation Fuel, TVCCA, and United Way energy assistance grant programs. Income guidelines for TVCCA's programs cap at 60% of the State Median Income (CHAP). A family of four, for example, is eligible if their total

Continued on page 16

SOCIAL SERVICES ... continued from page 15

gross income is no more than \$62,528.00 (2015-16). It is important to note that liquid assets in excess of \$15,000 for home owners (\$12,000 for renters) are treated as annual income. Assistance amounts are based on established guidelines regarding family size and vulnerability. We start taking applications each year as of August 1st, however fuel deliveries do not start until November 10, 2015 and continue until March 15, 2016.

Operation Fuel and United Way also offer energy assistance programs in an effort to help keep folks warm during the cold winter months, avoid power shutoffs, and address other crisis situations when the TVCCA program has been depleted or in other crisis situations where a family may not have been eligible. Guidelines for these programs are also adjusted each year with changes in the economy. Contact Human Services for more information and an appointment.

Residents with Eversource metered heating services (electric and natural gas) are also eligible for heating assistance. In addition, applicants who have been approved for the TVCCA program (both CEAP & CHAP) are eligible for the Matching Payment programs (MPP) offered by these companies. The program puts those qualified on a budget plan and will match all payments made during the winter heating month (November through April) dollar for dollar in an effort to reduce the customer's balance to zero.

Human Services can help with these programs as well as a low-budget worksheet that may reduce the monthly payment even more. MPP begins each year on November 1.

Renter's Rebate Program

The Renter's Rebate Program, administered through the State of Connecticut, Office of Policy and Management (OPM), is intended to help seniors (65+) and/or disabled (18+) meet the demands of today's housing costs, offering a one-time check each year to those who qualify.

The program limits annual income to \$35,200 for an individual and \$42,900 for a married couple. There is no asset rule for this program. This year's program helped 234 senior and disabled residents with a total of \$122,618.95 in grants. Each year the program runs from April 1 through October 1.

Need Health Insurance?

"Access Health CT (AHCT) is Connecticut's only official health insurance marketplace. AHCT offers Connecticut residents and employers a range of quality, affordable health and dental insurance options from several health insurance partners.

Our current health plans are offered through Anthem, ConnectiCare Benefits Inc. (individual plans only), UnitedHealthcare, and Healthy CT. Dental policies can also be purchased through AHCT.

Anthem is the dental insurance provider in the individual market and both Anthem and MetLife offer dental plans in the employee group market.

AHCT is the only place where you can qualify for certain affordability programs that can help you pay for your health care coverage.

These affordability programs include: Advanced Premium Tax Credits (APTC), Cost-Sharing Reduction Plans, and a number of programs offered through the Department of Social Services i.e. Medicaid (known as HUSKY A and D) and the Children's Health Insurance Program (known as CHIP or HUSKY B)." (Source: www.accesshealthct.com).

For more information, go to www.accesshealthct.com or call (855) 805-HEAL. Open enrollment ends on January 31, 2016.

65 and older?

Check out our Senior Services section!

CT Dental Health Partnership

The CT Dental Health Partnership (CT-DHP) is the state of CT's dental plan for

HUSKY and Medicaid participants.

The CTDHP provides comprehensive dental coverage and will help find a local dentist, explain dental benefits and set up an appointment. Call 1-866-420-2924 for assistance.

Food Programs

SNAP, the Supplemental Nutrition Assistance Program (formerly known as the Food Stamp Program), is part of the nation's safety net against hunger. The program's debit card system allows for convenience and confidentiality. SNAP applications can be completed at CT's DSS site online and required documents uploaded (at connect.ct.gov).

Contact Human Services for more information or application assistance with the online process. Also, check out End Hunger CT's website at www.endhungerCT.org. Residents are also referred to the United Way Mobile Food Pantry (see page 18), as well as Pawcatuck Neighborhood Center's Food Pantry (Chase Street, Pawcatuck) and WARM Center's congregate meal site (Spruce Street, Westerly), both town-funded agencies which can also provide assistance.

2-1-1 Benefits Survey

www.211navigator.org

The benefits survey will help you determine if you are eligible for food, health insurance, and child care assistance. No name or address is required for screening; it is completely confidential.

CT Network for Legal Aid

Do you have a legal question? Check out www.ctlawhelp.org for self-help guides, audio/video guides, court forms, and links. The CT Network for Legal Aid provides free legal services for people with very low income. Call toll-free 1-800-453-3320.

Stonington Transfer Station

151 Greenhaven Road, Pawcatuck, CT
860-535-5088

Operating Hours

Mon., Tues., Thurs. and Fri. 9 am to 3 pm
Sat. 8 am to 3 pm, Sun. 8 am- 1 pm

CLOSED WEDNESDAYS AND HOLIDAYS

Fees are charged for the following:

Brush: Residential \$0.00/Ton, Commercial \$60.00/Ton.

Bulky Waste/Construction & Demolition Debris:
\$100.00/Ton (Discarded carpet must be in pieces no larger than 4' x 4').

Large Bulky Items: (Couch, Recliner): \$10.00/each

Large Appliances: \$10.00/each

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Car Batteries
Leaves (Residential only)
Scrap Metal

Uncontaminated Automobile Waste Oil and Antifreeze
Tires

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Mattresses

Oil based and Latex paints and stains must be in a labeled container / aerosol paints not accepted

HOUSEHOLD HAZARDOUS WASTE IS NOT ACCEPTED AT THE TRANSFER STATION.

For Information On Disposal please call: 860-535-5099

For information please contact:

The Recycling/ Solid Waste Office in The Stonington Town Hall,
152 Elm Street, Stonington, CT

Phone: 860-535-5099 / Open M-F, 8:30 am to 4:00 pm



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Mobile Food Pantry

Gemma E. Moran
United Way/Labor Food Center



AFL-CIO Community Services and United Way Partnership



The mobile pantry provides fresh fruits and vegetables, proteins, and other healthy foods for FREE distribution to individuals and families in need.

All are welcome!

The mobile pantry will be coming to a location near you:

Stonington Human Services*
First Monday of each month / 5:00-6:00 pm

Please bring a photo ID and your own bags!

*During the winter months, the pantry will stop at Stonington High School.

Call Stonington Human Services at 860-535-5015 for more information.

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Sun 9am-3pm

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Youth Program Registration

Program(s): _____

How did you hear about our program? _____

Child

Name: _____ Nickname: _____

Birthday: _____ Gender: _____ Home Phone: _____

Street Address: _____ City: _____ ST: _____ Zip: _____

Grade: _____ School: _____

(Current grade OR for summer programs, grade entering in Fall)

Child Lives With: _____ Relationship: _____

Parent(s)/Guardian(s)

Name: _____ Primary Contact #: _____

Workplace: _____ Work# _____ Cell#: _____

Would you like to receive email notices? _____ Email: _____

Name: _____ Primary Contact #: _____

Workplace: _____ Work# _____ Cell#: _____

Would you like to receive email notices? _____ Email: _____

If child's parents legally separated or divorced, who is the custodial parent? _____

If sole custody, please note any special considerations regarding child(ren): _____

Emergency Contacts

Please provide at least two emergency contacts, with valid phone numbers, who are authorized to pick up your child:

<u>Name</u>	<u>Address</u>	<u>Phone</u>	<u>Relationship to Child</u>
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____



166 South Broad Street – Pawcatuck, CT 06379
 (860) 535-5015 - Phone
 (860) 599-8290 - Fax
www.stonington-ct.gov

Health

Health Insurance: Yes ___ No ___ Plan: _____

Child's Physician: _____ Phone: _____

Allergies: _____

Medications*: _____

Physical Limitations: _____

Special Behavior Considerations: _____

Developmental Considerations: _____

Does your child have an IEP? _____ *If yes, please call (860) 535-5015 to arrange for a support plan to ensure your child's success within Stonington Human Services programming.*

 *Please return completed medication self-administration form

Stonington Human Services is required by the Connecticut State Department of Education to report statistical data of participants in our programs. Your child/children's name(s) will not be released or publicized in any way. This required information is for state funding purposes only. The state received numerical information only.

Your child may be given anonymous surveys related to the quality and content of Stonington Human Services youth programming.

Stonington Human Services reserves the right to take photographs to be used in publications for the Department.

Heads Up to Youth Sports: To help ensure the health and safety of our young athletes, the Centers for Disease Control and Prevention (CDC) has developed the HEADS UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS UP initiative provides important information on preventing, recognizing, and responding to a concussion. Please visit <http://www.cdc.gov/headsup/youthsports/index.html> and review the information together with your child aged 7 to 19 years old, before registering for any youth sports activity or camp.

This is to certify that I have read and understand this waiver, hold harmless agreement, and release of liability, and consent and agree to the release set forth above, and for myself, my heirs, assigns, successors, executors, administrators, and legal representatives, agree to defend, indemnify, and hold harmless the Town of Stonington and its agents, servants, or employees, from any and all claims, suits, or demands by anyone arising from said participants in programming including claims of negligence on the part of the Town of Stonington and its agents, servants or employees.

Parent/Guardian Signature **Printed Name** **Date**

Forms should be returned, with payment, to: Stonington Human Services, 166 South Broad Street. Pawcatuck, CT 06379. Office Hours: Monday-Friday, 9:00AM-4:30PM. Forms may be placed, with payment, in the lockbox located on the Human Services building, to the left of the entrance. Checks can be made payable to *Stonington Human Services*. Credit cards are accepted, however a convenience fee applies.

Refund Policy: Refunds will be granted in full if notification is given to the Department of Human Services **2 weeks** prior to the first day the program starts. Exceptions will be made if there is a waiting list for a program/trip. A full refund or credit will be granted if Stonington Human Services cancels a program.

FOR DEPARTMENT USE ONLY	Amt Rec'd	CA / CK / CC	Date	Initials	Tracked



\$0

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NEW YEARS DAY!**



YOU CAN AT THE Y!

JOIN THE OCEAN COMMUNITY YMCA.

VISIT ANY OF OUR 3 BRANCHES ON

NEW YEARS DAY FOR OUR COMMUNITY OPEN HOUSE:

FRIDAY, JANUARY 1ST 2016 - 8AM TO 2PM

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OCEANCOMMUNITYYMCA.ORG

ARCADIA: 1190 Main St. Wyoming, RI | 401.539.2306

MYSTIC: 1 Harry Austin Dr. Mystic, CT | 860.536.3575

WESTERLY-PAWCATUCK: 95 High St. Westerly, RI | 401.596.2894



Stonington Events
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 152 Elm Street
 Stonington, CT 06378

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Lakefront North Stonington



39 M Ledgen Wood Road Mls E10086979 \$435,000. Year-round home with open floor plan on lake. Views from every room and private secluded lot. Home totally redone two years ago. 2 bath, 2 bed, 2 fireplaces, deck and stone patio to catch sunsets. Outside dining room. Nothing to do but move in. Saddia Rahaman 860-961-1103.



Saddia Rahaman, Realtor
860-535-8300 x6

Lords Point 11 Quarry Path



This house sits on the highest spot on Lords Point with spectacular views, renovated with open floor plan, FP. The surround, windowed walls create an airy space. 3BR, 3FB, upstairs study. Large garden overlooks water and views beyond. Access to water, out haul, and mooring. Lords Point Assoc. beaches, docks, tennis courts, club house and summer activities. \$829,000. Sarah Janssens 860-961-9999.



Sarah Janssens, Realtor
860-535-8300 x3

Downtown Mystic



Commercial 24 West Main Street, Mystic \$665,000 "A rare opportunity to buy a commercial property in the absolute heart of downtown Mystic. 2,300 sf of pristine retail space with many other approved uses possible. A recent \$250,000 renovation included updating all systems. Truly a must see." Calvin Utter 860-235-9694.



Calvin Utter, Realtor
860-535-8300 x4

Mystic Close to Downtown



31 Packer Lane, Mystic Wonderful 3 bedroom (on 1st floor) home with Sunroom & porch overlooking garden. Open floor plan and updated kitchen. Bonus room upstairs and off garage. \$495,000. Call Michael Blair at 860-608-5819.



Michael Blair, Broker
860-535-8300 x1